wic program manual

WIC 210-60.01

SECTION: CERTIFICATION

SUBJECT: Eligibility Requirement

ITEM: Infant/Children: Nutrition Assessment Requirements--

Determining Anthropometric Nutrition Need



Policy

At each certification the competent professional authority (CPA) (refer to WPM Section 130-20 for definition of CPA) shall determine whether an anthropometric nutrition need exists. The CPA shall use height and weight measurements.

- They may be obtained from a referral form,
- a medical or clinical record, or
- measurements obtained at the WIC site.

Staff shall document the source of anthropometric data on the Integrated Statewide Information System (ISIS) Health Information and Growth Chart screens. The choice of the code 'O' for Other requires an explanation using the Individual Comments Screen.

Authority for policy

7 CFR 246.7 (e)

Determining need

Anthropometric nutrition need is determined by the CPA, using both ISIS calculations when available and professional evaluation of infant's/child's height (length) and weight. The CPA shall assess if inappropriate growth patterns exist.

Time frame for anthropometric data

Height and weight measurements are required at each certification. Measurements shall be obtained no more than 60 days prior to the date of the certification.

Measurements

If the height and weight measurements are not provided at the time the infant/child is certified, the local agency shall take these measurements in the WIC site.

March 25, 2003 Page 1 of 2

Assessment

ISIS will compare the height and weight measurements to the standards (WPM Sections 210.60.1) to determine if an anthropometric indicator of nutrition need exists for:

- birth length and weight, if appropriate, and
- current growth status: length/height-for-age and weight-for-length/height for infants and children less than 24 months old; and BMI-for-age for children 24 months or older.

<u>Note</u>: ISIS uses standing height measurements to calculate BMI-for-age; therefore, local agencies shall use the weight-for-length growth chart for children 24 to 36 months old requiring recumbent length measurements.

Documentation

Local agencies shall document the following anthropometric data in ISIS:

- height and weight measurements beginning with the appropriate "Health Information" screen,
- birth weight and length on the "Pregnancy Outcome" screen when:
 - a woman re-certifies from the pregnant category to the breastfeeding or non-breastfeeding category, or
 - the infant of a woman described above is certified, and
- all anthropometric, biochemical, clinical and dietary codes identified during assessments throughout the certification period.

March 25, 2003 Page 2 of 2